



Covenant Life Church

Newsletter #7 Emotional Healing

Dear CLC Family and Friends,

Announcements

Like us on FACEBOOK: In cooperation with our governmental leaders request to limit group gatherings, we are continuing to live stream our church services on Covenant Life Church FACEBOOK until further notice. To view our Sunday service on FACEBOOK, please "Like" us on FACEBOOK at Covenant Life Church. <https://facebook.com/covenantlife4>

Reminders: Church Services and Cancellations:

(a) **Church Services:** Until further notice, all CLC services will occur via Facebook Live, unless otherwise noted. These include:

- Monday Night **Discipleship Class** at 8pm
- Tuesday **Prayer Tabernacle** at 7:30pm: The dial in number for the Tuesday night Prayer Tabernacle is: 712-775-7270; access code: 221090.
- Friday Night **Table Talk/School of the Holy Spirit** at 7:30pm
- Sunday **Prophetic Class** at 1-2pm via Zoom

May 17, 2020 01:00 PM

May 24, 2020 01:00 PM

May 31, 2020 01:00 PM

Jun 7, 2020 01:00 PM

Join Zoom

Meeting <https://us02web.zoom.us/j/85255245878?pwd=Mk16bUZhNGFTMU5HVk0vOUJXMjF3QT09>

Meeting ID: 852 5524 5878

Password: 3846

One tap mobile

+13126266799,,85255245878#,,#3846# US (Chicago)

+19292056099,,85255245878#,,#3846# US (New York)

Dial by your location

+1 253 215 8782 US

+1 301 715 8592 US

Meeting ID: 852 5524 5878

Password: 3846

Find your local number: <https://us02web.zoom.us/j/85255245878?pwd=Mk16bUZhNGFTMU5HVk0vOUJXMjF3QT09>

- Sunday **Church Service** at 2:30-3:30pm

(b) **Conferences:** All conferences for 2020 are cancelled except for the September Deliverance Conference and the Women's Conference on November 13 -14, 2020.

What's New?

BREEZE Church Management System: We are pleased to announce that we are now using a church database management system called "Breeze" that will help members manage their personal information for church. Members now have the opportunity to have a personal church profile that provides name, address, email; allows for members to give online through Breeze so they can track their giving history and provides a church directory.

Ways to Give: You can use **BREEZE** to give or use **PayPal** on the church website or mail in your donation.

- **One-time or Recurring Donations:** Through **BREEZE** you can enable one-time giving or recurring donations using the link <https://covenantlifechurch.breezechms.com>

- **Paypal, ACH or Credit Card Donations:** Through **BREEZE** you can give using PayPal, ACH or Credit Card at the link <https://covenantlifechurch.breezechms.com>
- **TEXT TO GIVE:** You can give by texting the number: **(616) 326-3171**
- **Mail:** You can mail in your donation to: **CLC, P.O. Box 1262, Springfield, VA 22151**

Member Accounts: Pastor Andrea has sent an email to all members to invite them to create their own member account in Breeze; which will enable you to edit/update your personal information and monitor your giving history. Meanwhile, you are invited to give through BREEZE as you desire, or use the PayPal GIVE command on the Website.

We appreciate your faithfulness in attending services through FACEBOOK and your generous donations to the church.

From the Desk of Apostles Jeff & Dr. Linda Herbert:

Emotional Healing

As we progress through this time of plague, we hear the Lord saying that He wants to heal us of our emotional pain from the past, and strengthen us for the coming seasons ahead. Jesus wants to heal us from the sorrows and hurts of the previous seasons so that we can overcome and fulfill our destiny despite the oppression of the present circumstances. The unhealed pain of the previous seasons of life impact our ability to cope with the current pressures of life and may cause us to turn to coping mechanisms that are ungodly and ultimately serve to distract us or derail us from our destiny in God. Today, many people are suffering from depression, boredom, worry and fear as a result of the results of COVID-19. But the Lord is our healer and deliverer and He wants to encourage you today by providing you with emotional healing from the past and also provide you with emotional strengthening for the future.

Scripture reveals that we are spirit, soul and body. First Thessalonians 5:23 states, "Now may the God of peace himself sanctify you completely, and may your whole spirit and soul and

body be kept blameless at the coming of our Lord Jesus Christ” (ESV). From this scripture we learn that God’s order in our life is our spiritual health, then the soul and then the body. Unfortunately, many times our soulish realm – which consists of the mind, the human will and the emotions – is not as regarded as our spirit and body. Yet, many problems in life stem from the emotional pain of past seasons that can cause us to act out in ungodly ways. Romans 7:15 says, “that which you did not want to do, you did, and that which you wanted to do - you did not.” Because of past unhealed hurts, we may lack the emotional strength to react to circumstances with godly behavior.

Our emotions are a battlefield where the devil can war with us – it is a place of conflict where we must decide if the spirit or the flesh will rule over us. Galatians 5:17 states, “For the flesh lusts against the Spirit, and the Spirit against the flesh and these are contrary the one to the other so that you cannot do the things you would do.” This scripture reveals that there is a constant spirit-flesh conflict that rages. It is on this battlefield where the enemy attacks us with the pain of the past hurts, and with depression, rejection, loneliness, and even suicidal thoughts. Yet the Lord wants our emotion realm to be healed. Jesus paid the price for our complete healing – spirit, soul and body. Third John 1:2 states, “Beloved, I pray that all may go well with you and that you may be in good health, as it goes well with your soul.”

Scripture reveals that our emotions are drawn into the world through the lust of the flesh, the lust of the eyes, and the pride of life. I John 2:15-17 states, “Do not love the world or anything in the world. If anyone loves the world, love for the Father is not in them. For everything in the world—the lust of the flesh, the lust of the eyes, and the pride of life—comes not from the Father but from the world. The world and its desires pass away, but whoever does the will of God lives forever” (NIV).

Lust draws us away from the things of God and then our heart becomes entangled with the things of this world. When this happens, we turn from our first love – God – and begin to love the world. When we love the world, our emotional realm becomes an open portal for the devil to tempt and enslave us with things such as sexual sins, pornography, drugs, alcohol, violence, abuse, etc. Demonic spirits work to seduce our emotional realm, striving to express themselves through our flesh with sinful behavior.

But the power in the Name of Jesus is available to us to set us free from these temptations. Because of the shed blood of Jesus Christ, we have the power to overcome. Jesus paid the

price for our redemption, healing and deliverance. Through the Name of Jesus, we have the power to say “No” to temptation. James 4:7 states, “Submit yourselves then to God. Resist the devil, and he will flee from you.” As we submit to God by saying “No” to the devil, the devil will leave us. But we must continue to resist him by saying “No” to temptation. We also must crucify our flesh to gain control over it. Galatians 5:24 states, “those who belong to Christ Jesus has have crucified the flesh with its passions and desires.” We crucify our flesh by making a decision to not cave into temptation. We then support that decision by praying, fasting, speaking in tongues, reading the Bible and praising God. Meanwhile, we must stand for God and continue to say “No” to the devil.

Today the Lord wants to heal you of past emotional pain and he wants to strengthen your emotional realm for the journey ahead. We encourage you to use the prayer below to ask the Lord to heal you. After praying the prayer for healing, we encourage you to speak the decree below to strengthen you for the future.

Prayer for Healing: Lord, I come before you in submission and humility and I forgive all those who have hurt me in the past. I freely forgive and pardon them and I ask you to forgive me for harboring any unforgiveness, bitterness, anger or resentment toward them. Now Father, I ask you to heal me from my past hurts and also heal my memories of those terrible events. In Jesus Name, Amen.

Decree: I decree that my emotions are healed from past pain and traumatic events and that I will be strengthened in the inner man and in my emotional realm so that I will not cave into the temptations of this world. I decree that I will not fall prey to the tactics of the devil to seduce me into pursuing worldly sinful ways, but rather I will always submit to biblical precepts and follow Jesus with my whole spirit, soul and body. I decree that I am receiving a new measure of faith, hearing the Lord’s instruction, and willing to obey him in everything. I decree that I am loosed from captivity and emotional bondage, and I am positioned and aligned with God’s purposes for my life, In Jesus Name.

Be encouraged in the Lord today. We have forgiveness, healing and deliverance through the Name of Jesus and we are victorious in all areas of life because of the shed blood of Jesus Christ!!